

Zaftig Mittens

DESIGNED BY BRENDA K. B. ANDERSON

These chunky mittens feature a linked double crochet stitch pattern that minimizes the open spaces between stitches and creates a warmer fabric. The bulky yarn means this project whips up in no time, and the no-frills design makes it perfect for men, women, and kids.

FINISHED SIZE

Mitten pattern is sized for Women's S, Women's M, Women's L/ Men's S, and Men's M.

About 10 (10½, 11, 11¾)" (25.5 [26.5, 28, 30] cm) from wrist edge to fingertip and about 8½ (9, 9½, 9¾)" (21.5 [23, 24, 25] cm) in circumference, not including thumb.

YARN

Chunky weight (#5 Bulky)

Shown here: Brown Sheep Lamb's Pride Bulky (85% wool, 15% mohair; 125 yd [114 m]/4 oz [113 g]): #VM245 dreamy nite, 2 skeins.

HOOK

Size I/9 (5.5 mm). Adjust hook size if necessary to obtain correct gauge.

NOTIONS

Stitch marker; yarn needle.

GAUGE

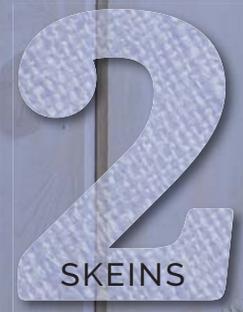
12 ldc blo sts = 4" (10 cm) and 7 rounds of ldc blo = 4¼" (11 cm).

NOTES

This mitten is worked at a tight gauge in order to minimize the gaps between rows. The linked stitches are made into the back lps of previous rounds, allowing the fabric to be flexible even though it is worked at such a tight gauge.

The mitten is made in the round without joins from the bottom up.

When weaving in ends, twist yarn (in the same direction as it was already twisted) to strengthen it.



STITCH GUIDE

Linked double crochet through back loop only (ldc blo):

To make a ldc blo when previous st is a dc, insert hook from right to left through the middle of the post of the previous dc st (**figure 1**), yo, and pull through just this lp (2 lps now on hook), insert hook under the back lp only of next st, yo, and pull through to front of work (3 lps now on hook; **figure 2**), [yo, and pull through 2 lps] twice (1 ldc made). To make a ldc blo when previous st is a ldc, insert hook from top to bottom under the center horizontal strand across the post of the previous ldc st, yo, and pull through just this lp (2 lps now on hook), insert hook under the back lp only of the next st, yo, and pull through to front of work (3 lps now on hook), [yo, and pull through 2 lps] twice (1 ldc made).

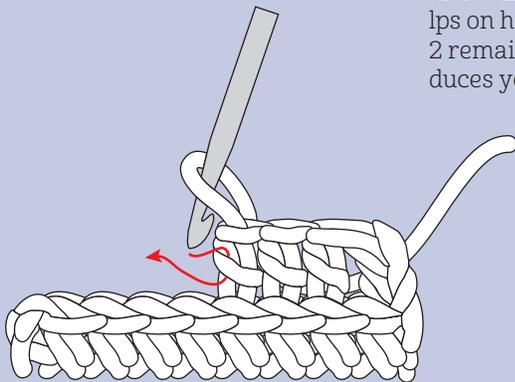


figure 1

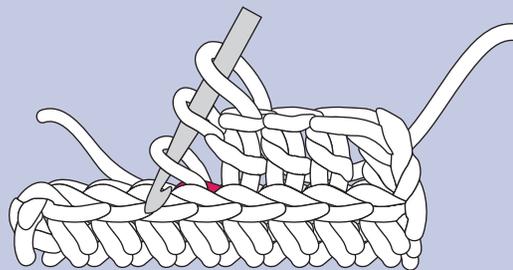


figure 2

Linked double crochet/single crochet increase (ldc/sc inc):

Ldc blo in next st, insert hook from top to bottom under horizontal strand of ldc you just made, yo, and pull up lp, yo, and pull through both lps on hook to make a sc st.

Note: On the following linked st, you will insert hook under the same horizontal strand that you just worked into.

Linked double crochet two stitches together working through the back lps only (ldc2tog blo):

This is a decrease st. Insert hook from top to bottom through horizontal strand of previous linked dc st, yo, and draw up lp (2 lps now on hook), insert hook under the back lp of next st, then insert hook under the back lp of the following stitch, yo, and draw lp through both stitches (3 lps now on hook), yo, and pull through two lps on hook, yo, and pull through 2 remaining lps on hook—this reduces your stitch count by 1 stitch.

Mitten (make 2)

Ch 24 (25, 27, 28).

Row 1: Starting with the 2nd ch from hook and working into the bottom bar (bump) of the chain, sc blo in the next st (place st marker in this sc st), hdc blo in the next st, dc blo in the next st, ldc blo (see Stitch Guide) in each of the next 20 (21, 23, 24) sts—23 (24, 26, 27) sts.

Note: The first st of the next rnd will be made in the first st of this row (the sc st). From this point on, work in the rnd without joining.

Rnd 2: Being careful not to twist ch, and beg with marked st, ldc blo in each st around.

Note: On the first ldc of this rnd, you will be inserting your hook under the horizontal strand of the last stitch of the previous rnd.

Rnds 3–5: Ldc blo in each st.

Rnd 6: [Ldc/sc inc (see Stitch Guide)] twice, 1 ldc blo in each of the remaining 21 (22, 24, 25) sts—25 (26, 28, 29) sts.

Rnd 7: 1 ldc blo in the next st, [ldc/sc inc] twice, 1 ldc blo in each of the remaining 22 (23, 25, 26) sts—27 (28, 30, 31) sts.

Rnd 8: 1 ldc blo in each of the next 2 sts, [ldc/sc inc] twice, 1 ldc blo in each of the remaining 23 (24, 26, 27) sts—29 (30, 32, 33) sts.

Rnd 9: 1 ldc blo in each of the next 3 sts, [ldc/sc inc] twice, 1 ldc blo in each of the remaining 24 (25, 27, 28) sts—31 (32, 34, 35) sts.

SIZE WOMEN'S S ONLY

Sk Rnd 10 and go to Rnd 11 directly.

ALL OTHER SIZES

Rnd 10: 1 ldc blo in each of the next 4 sts, [ldc/sc inc] twice, 1 ldc blo in each of the remaining (26, 28, 29) sts—(34, 36, 37) sts.

ALL SIZES

Rnd 11: Ldc/sc inc, sk each of the next 9 (10, 10, 10) sts for thumb, ldc/sc inc in following st (don't forget to link this to

the horizontal strand of the previous stitch), 1 ldc blo in each of the next 20 (22, 24, 25) sts—24 (26, 28, 29) sts, not including thumb. Place marker (pm) in first skipped st.

Rnds 12-16 (12-16, 12-17, 12-18): 1 ldc blo in each st—24 (26, 28, 29) sts.

Rnd 17 (17, 18, 19): Ldc2tog blo (see Stitch Guide) 12 (13, 14, 14) times, ldc blo in the next 0 (0, 0, 1) sts—12 (13, 14, 15) sts.

Rnd 18 (18, 19, 20): Insert hook from top to bottom under horizontal strand of previous st, yo, and pull through lp (2 lps on hook), insert hook under back lp of next st, yo, and pull through to front of work (3 lps on hook), yo, and pull through all three lps, sc2tog blo 5 (6, 6, 7) times, sc blo in the next 1 (0, 1, 0) sts—6 (6, 7, 7) sts.

Fasten off. Using yarn needle, weave yarn tail through the front lp of each remaining st. Pull tight to close top of mitten and weave in end.

Thumb

Rnd 1: Leave long beg yarn tail on outside of work. With WS facing, join yarn by pulling up a lp through the blo of marked st, ch 1, sc blo in same st, dc blo in next st, ldc blo in each of the next 7 (8, 8, 8) sts, make 4 ldc sts across the gap (where thumb meets hand), do not join—11 (12, 12, 12) sts.

Rnd 2: Ldc blo in each of the next 9 (10, 10, 10) sts, [ldc2tog blo] twice—11 (12, 12) sts.

Rnd 3: Ldc blo in each of the next 7 (8, 8, 10) sts, [ldc2tog blo] twice (twice, twice, once)—9 (10, 10, 11) sts.

SIZE MEN'S M ONLY

Rnd 4: 1 ldc blo in each st—11 sts.

ALL SIZES

Rnd 4 (4, 4, 5): Work 1 ldc blo st to shift the beg of rnd. The following st will be counted as the first st of rnd. Ldc in each of the next 7 (8, 8, 9) sts, insert hook from top to bottom under horizontal strand of previous st, yo, and pull through lp (two lps on hook),

insert hook under back lp of next st, yo, and pull through to front of work (3 lps on hook), yo, and pull through all three lps, 1 sc blo in the next st—9 (10, 10, 11) sts.

SIZE WOMEN'S L/MEN'S S ONLY

Rnd 5: Sc blo in each st—10 sts.

ALL SIZES

Fasten off leaving a long tail. Using yarn needle, thread yarn tail through the flo of each of the remaining 9 (10, 10, 11) sts and pull tight to close hole in top of thumb.

Finishing

Use yarn tail at thumb to sew any gaps closed near where thumb meets hand. Use beg yarn tail at wrist edge to sew closed the small gap at beg of rnds. Weave in ends. Wet block if desired. Because this mitten was worked in a spiral, there is a small jog at the wrist edge. You can even out the wrist edge by blocking the mitten.

